

ABSTRACT

A skate boot for enclosing a human foot having a forefoot and a front ankle portion.

The skate boot has a tongue comprising a first section and a second section. The first
5 section covers the forefoot of the foot and the second section is connected to the first
section via a flexing zone that enables the second section to be movable in relation to
the first section between a first position and a second position. In the first position the
second section covers a portion of the front ankle portion of the foot, and in the
second position, the second section overlaps a portion of the first section.

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